



Reasons to get better at reading

Know someone that needs help with reading? If so, tell them about our [free handy English classes](#). It could be your dad, gran, neighbour or best mate. Whoever it is, there are lots of reasons why they could benefit from getting better at reading. From understanding signposts, directions and catching the right bus to relaxing with a magazine on their daily commute to work. They could cook tasty meals from recipe books, catch up with the latest gossip on social media or even read the TV guide to find out when their favourite programmes are on.



All adults are welcome to join our small friendly groups to learn handy English skills. To find out more, visit our [website](#) or [email us](#).

Learning support fund

[www.aclessex.com]



Don't miss out!

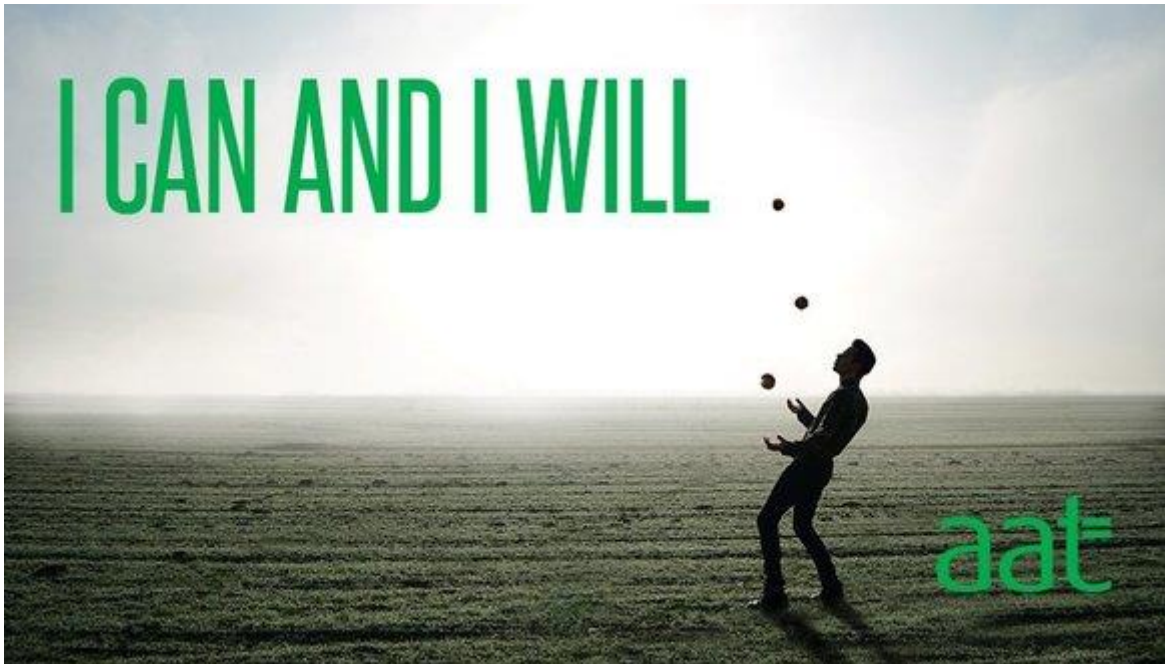
Learning support fund

A special fund is available to assist ACL learners. If you are enrolled on a course, leading to a qualification, and are aged 19+ as at 31 August 2016 you may be entitled to financial support. The fund can contribute towards the cost of travel, educational visits, books and equipment, as well as childcare. Even if you are part way through your course you can still apply.

To see if you qualify, speak to reception staff at your centre of study.



AAT accounting



Our AAT foundation certificate in accounting at ACL Clacton will prepare you for entry level accountancy job roles by giving you a solid foundation in finance administration. Starting on 6th March, we are giving you the opportunity to study this course in the [morning](#) or [afternoon](#). You will learn about processing bookkeeping transactions, controlling accounts, banking systems, basic costing and computerised accounting.

ACL Summer School



We are dreaming of warmer weather, seaside trips, BBQs, festivals and the ACL Summer School launching this year! More information about courses and venues coming soon.

Introduction to hypnosis

We are offering you a basic [introduction to hypnosis skills and practice](#) at ACL Chelmsford. Our experienced tutor will give you a description of hypnosis and what it can and cannot do. On this course you will also learn about ethical practices, the roots of hypnosis, how to be a skilled listener, simple hypnotic language skills, inductions and deepeners skills and how to train to become a professional hypnotherapist.

Services offered by POhWER

POhWER Advocacy Essex offer a range of services that could be highly beneficial to you.



- **POhWER Essex** is an independent charity providing Independent Advocacy services to vulnerable adults; their goal is to reach and support adults struggling with particular challenges in their lives by providing information, advocacy and advice services across Essex.
- **Advocacy Services Provided:** Independent Mental Health, Independent Mental Capacity, Professional Community, NHS Complaints and Citizens/Peer service which is provided by volunteers offering light touch, long term advocacy support to vulnerable adults.
- **Volunteering opportunities available:** To find out more, please complete their online form <http://www.pohwer.net/essex.html> or call 0300 456 2370 and one of their Community Development Workers (Sharon, Abigail or Zoe) will get back to you.
- **Target group:** Vulnerable adults in Essex, their families and carers.

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